

## PTSD OUTCOMES

A research unit of the VA tracks how effective the inpatient or other "intensive" treatment programs are in reducing PTSD symptoms, alcohol and drug abuse, levels of violence, and work habits. After analyzing the outcomes for each measure, and adjusting to take into account the different patients seen at each medical center, it ranked the programs, with those at the top of the list having the best outcomes and those at bottom the worst.

Here is the ranking for care delivered in fiscal year 2006:

Veterans Affairs Medical Center	Outcomes ranking
Coatesville, Pa.	1
Montrose, N.Y.	2
Martinsburg, W.Va.	3
Salisbury, N.C.	4
Seattle, Wash.	5
Tucson, Ariz.	6 (tie)
Hot Springs, S.D.	6 (tie)
Waco, Texas	8
Salem, Va.	9
Des Moines, Iowa	10
Topeka, Kan.	11 (tie)
Roseburg, Ore.	11 (tie)
Bay Pines, Fla.	14 (tie)
Tomah, Wis.	14 (tie)
Hilo, Hawaii	14 (tie)
Dayton, Ohio	16
Newington, Conn.	17
Palo Alto, Calif.	18
Boise, Idaho	19
White River Junction, Vt.	20 (tie)
Cleveland, Ohio	20 (tie)
Northampton, (Leeds, Mass.)	22 (tie)
Togus, Maine	22 (tie)
Milwaukee, Wis.	24
Buffalo, NY	25
Jackson, Miss.	26
Nashville, Tenn.	27
Miami, Fla.	28 (tie)
Tacoma, Wash.	28 (tie)
North Chicago, Ill.	30
Denver, Colo.	31
Cincinnati, Ohio	32
North Little Rock, Ark.	33
Memphis, Tenn.	34
Battle Creek, Mich.	35
Lexington, Ky.	36

**Note:** "Intensive" refers to inpatient hospital units, as well as day hospital units.

**Source:** "The Long Journey Home: Post-traumatic Stress Disorder in the Department of Veterans Affairs," for fiscal year 2006; the report is produced by the VA's Northeast Program Evaluation Center